



Home Care Pricing Schedule (SA) - 1 January, 2023



Established as a not-for-profit in 1968, Southern Cross Care has been providing quality services to members of our community for more than 50 years. We understand that your home is where your heart is, where your memories are, and where you feel safe and comfortable. We also understand that to live independently in your own home for as long as possible, you may need a little support. That is why we offer a wide range of quality Home Care services to help you live Better for life, at home.

Approximate Home Care Package Amount		Level 1	Level 2	Level 3	Level 4
Home care package funding	Annual	\$9,180	\$16,148	\$35,139	\$53,268
Home care package funding	Per fortnight	\$352	\$619	\$1,348	\$2,043
Basic Daily Fee paid by you	Per fortnight	\$141.12	\$149.24	\$153.58	\$157.64

Note: The Home Care Package funding amounts are current as at 1st September 2022. All charges have been rounded to the nearest \$. Further information about your contributions is available on My Aged Care.



Care Management

Care management is the coordination and scheduling of your care and services. It includes items such as; setting up services in a way that help you achieve your goals and within your budget, checking that these services are working for you in the way it was intended, making referrals and coordinating new services as required should your health or circumstances change, and helping with the coordination of services and communication between different health professionals that may be involved in your care.

Approach to care management	Our care management approach is health professional led. This means that health professionals like nurses are involved in making sure your care and services are planned in a way that supports your health and wellbeing. This is particularly important if there are changes to your health or circumstances. Our care management health professionals are there to provide you with information and advice to support you make informed choices about your care and services.				
-----------------------------	--	--	--	--	--

		Level 1	Level 2	Level 3	Level 4
Fully managed by provider	Per fortnight	\$70.42	\$123.76	\$269.50	\$408.52
Fully managed by provider	Approx. no. hours per fortnight	1	2	3	4
Self managed by you	Per fortnight	NA	NA	NA	NA
Self managed by you	Approx. no. hours per fortnight	NA	NA	NA	NA





Price for Common Services	Standard Hours 7am – 5pm	Non-Standard Hours 5pm – 7am	Saturday	Sunday	Public Holiday
Personal care (Per 40 minute session)	\$53	\$62	\$72	\$82	\$107
Personal care (Per hour)	\$64	\$74	\$86	\$96	\$129
Nursing Care (Per 40 minute session)	\$98	5pm – 10pm \$106 10pm – 7 am \$128	\$136	\$157	N/A
Nursing (Per hour)	\$117	\$153	\$163	\$189	\$250
Cleaning and household tasks (Per 40 minute session)	\$53	\$62	\$72	\$82	\$107
Cleaning and household tasks (Per hour)	\$64	\$74	\$86	\$96	\$129
Light gardening (Per 40 minute session)	\$53	\$62	\$72	\$82	\$107
Light gardening (Per hour)	\$64	\$74	\$86	\$96	\$129
In-home respite (Per 40 minute session)	\$53	\$62	\$72	\$82	\$107
In-home respite (Per hour)	\$64	\$74	\$86	\$96	\$129



Health & Wellness Services* (per session rate)	In-clinic		In-home	
	Initial Consultation	Subsequent Consultation	Initial Consultation	Subsequent Consultation
Allied health & Therapy Podiatry, Physiotherapy, Social work, Dietetics,	\$120	\$80 (30 mins)	\$180	\$115 (30 mins)
Occupational Therapy	\$120	\$80 (30 mins)	\$360 (metro) \$480 (non-metro)	\$115 (30 mins)
Exercise Physiology, Massage Therapy, and Health & Wellness Promoter	\$120	\$80 (60 mins)	\$180	\$115 (45 mins)
Allied Health Telehealth	N/A	N/A	\$120	\$80
	General	Specialised		
Group exercise	\$10	\$15	N/A	N/A

* The availability of Health & Wellness service types varies per region.

Other Costs		Level 1	Level 2	Level 3	Level 4
Package management (i.e. managing package funds, meeting compliance and quality standards)	Per fortnight	\$35.14	\$61.88	\$134.68	\$204.26
Maximum exit amount	Total	\$0			
Staff travel costs to visit you	Per km	Included in hourly rate for services			
Staff travel cost for transport service	Per km	\$1 per kilometre of travel within a transport service with client			